



**The Book of**

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**Prayers**

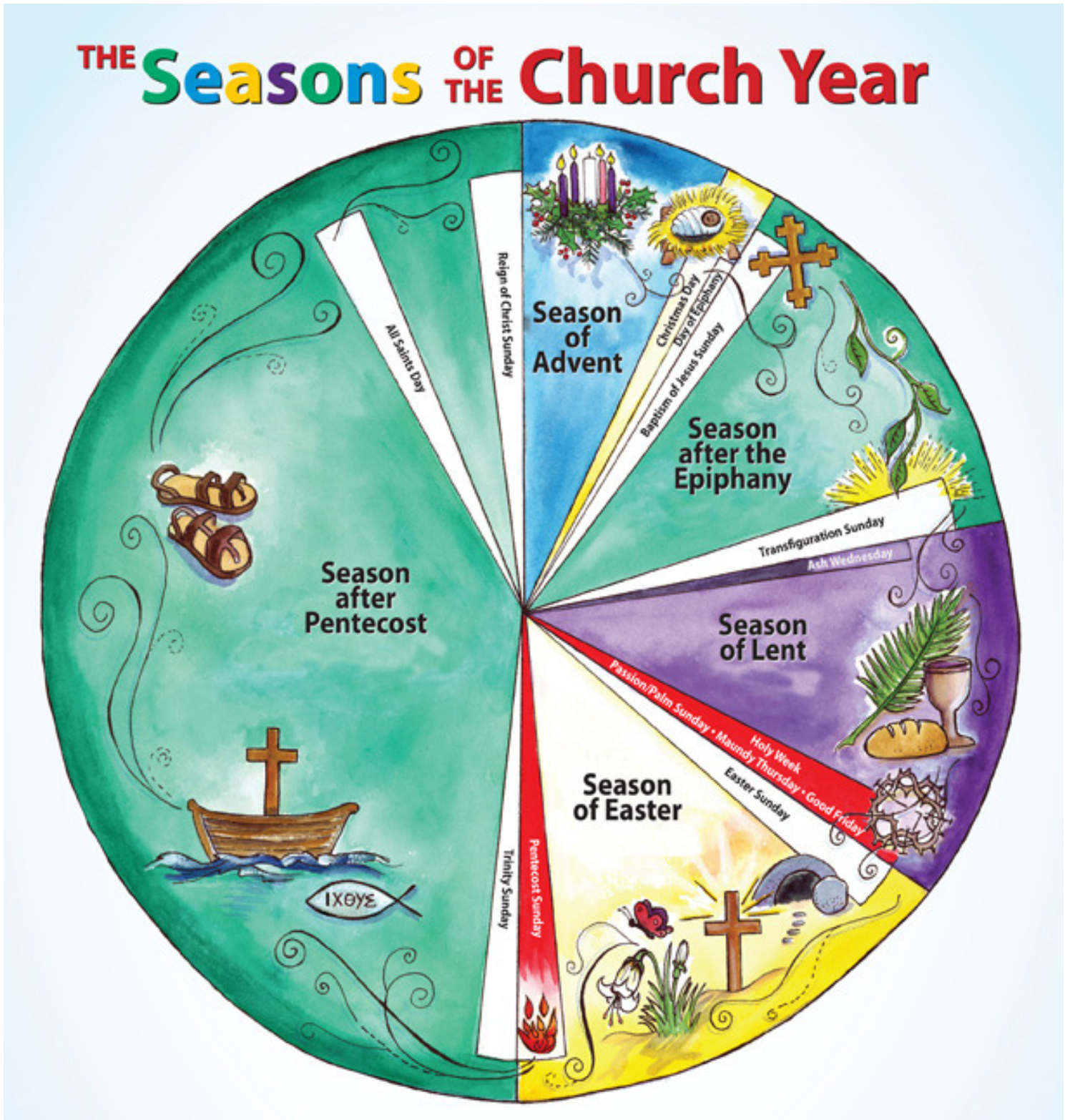


# Table of contents

Content	This Book	Book of Common Prayer
The Church Year	Pages 3-4	Page 15
The Daily Office	Pages 5-6	Page 37
The Collects	Pages 7-8	Page 159
Baptism	Pages 9-10	Page 299
The Eucharist	Pages 11-12	Rite I - Page 323 Rite II - Page 355
The Psalter	Pages 13-16	Page 585
Prayers & Thanksgivings	Pages 17-18	Page 814
Notes	Pages 19-27	---

# The Church Year

Just like school or home, the church has different seasons of the year.



# The Church Year

The church year starts with the first Sunday of Advent - Happy New Year!

Each season has a color that the church is decorated with.



Season	Color	Length
Advent	Blue and 1 Pink	4 weeks before Christmas
Christmas	White or Gold	December 25 - January 6th
Season after Epiphany	Green	January 7 - Shrove Tuesday
Lent	Purple	40 days + 6 Sundays before Easter
Holy Week	Red	Palm Sunday to Good Friday
Easter	White or Gold	Easter Sunday to the Sunday before Pentecost
Season after Pentecost	Green	The Sunday after Pentecost to the Sunday before Advent

# The Daily Office

*Beginning on page 37 in the Book of Common Prayer*

People pray all the time throughout the day. There are special prayers in the Book of Common Prayer starting on page 37 for different times of the day.

Write or draw a picture of things you could pray for at these times:

**Waking Up**

**Lunchtime**

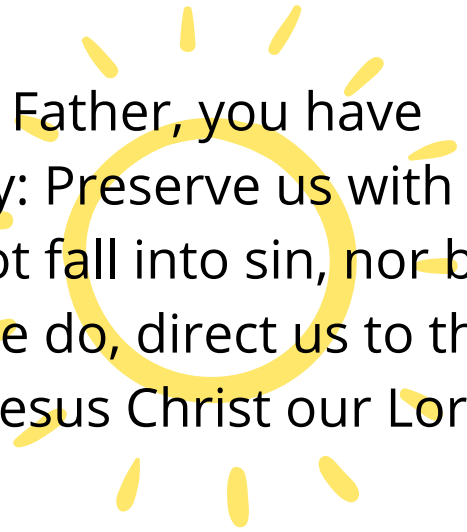
**Afternoon**

**Going to Bed**

# Daily Office Prayers from The Book of Common Prayer

## In the Morning, BCP, pg. 137

Lord God, almighty and everlasting Father, you have brought us in safety to this new day: Preserve us with your mighty power, that we may not fall into sin, nor be overcome by adversity; and in all we do, direct us to the fulfilling of your purpose; through Jesus Christ our Lord. Amen.

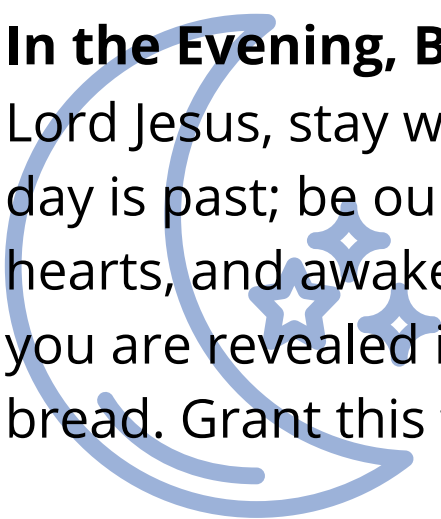


## At Noontime, BCP, pg. 138

Blessed Savior, at this hour you hung upon the cross, stretching out your loving arms: Grant that all the peoples of the earth may look to you and be saved; for your mercies' sake. Amen.

## In the Evening, BCP, pg. 139

Lord Jesus, stay with us, for evening is at hand and the day is past; be our companion in the way, kindle our hearts, and awaken hope, that we may know you as you are revealed in Scripture and the breaking of bread. Grant this for the sake of your love. Amen.



## Before Meals, BCP, pg. 835

Bless, O Lord, these gifts to our use and us to your service; for Christ's sake. Amen.



# The Collects

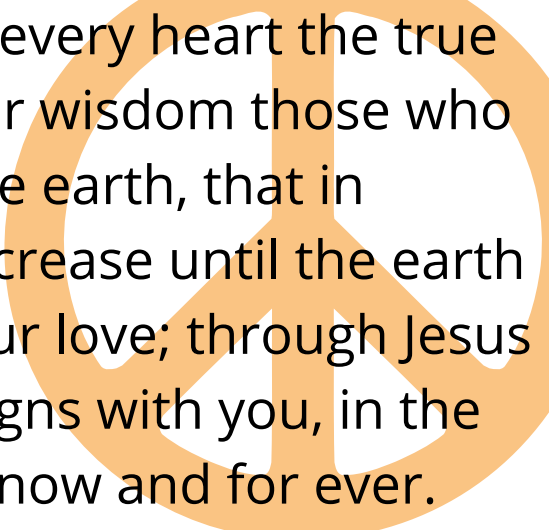
*Beginning on page 159 in the Book of Common Prayer*

A collect (CALL-ect) is a short prayer that helps us focus our intentions as an individual or group.

Here are some from the Book of Common Prayer:

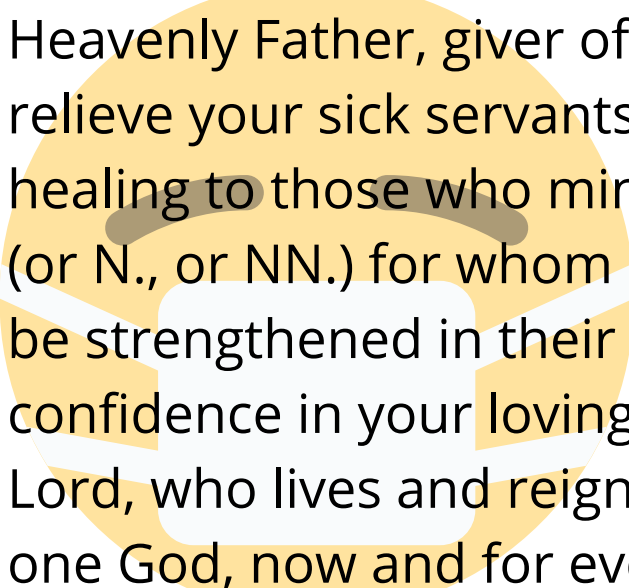
## **For Peace, BCP, pg. 258**

Almighty God, kindle, we pray, in every heart the true love of peace, and guide with your wisdom those who take counsel for the nations of the earth, that in tranquility your dominion may increase until the earth is filled with the knowledge of your love; through Jesus Christ our Lord, who lives and reigns with you, in the unity of the Holy Spirit, one God, now and for ever. Amen.



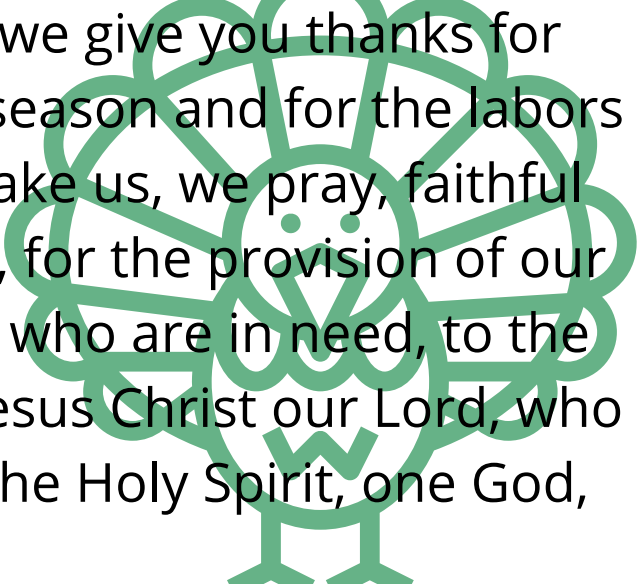
## **For the sick, BCP, pg. 260**

Heavenly Father, giver of life and health: Comfort and relieve your sick servants, and give your power of healing to those who minister to their needs, that those (or N., or NN.) for whom our prayers are offered may be strengthened in their weakness and have confidence in your loving care; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, now and for ever. Amen.



## **On Thanksgiving Day, BCP, pg. 246**

Almighty and gracious Father, we give you thanks for the fruits of the earth in their season and for the labors of those who harvest them. Make us, we pray, faithful stewards of your great bounty, for the provision of our necessities and the relief of all who are in need, to the glory of your Name; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, now and for ever. Amen.



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## **Write or draw your own collect.**

Good and loving God,

through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, now and for ever.  
Amen.

# Baptism

*Beginning on page 299 in the Book of Common Prayer*

Baptism is a special celebration with our whole church family that welcomes in a new member into our family.

During baptism, a kid's parents and their godparents present them to the priest and make promises to help them learn about God. Then, the priest blesses holy water and sprinkles some 3 times on a kid's forehead.

After that, the priest puts special oil on the kid's forehead and says

YOU ARE SEALED

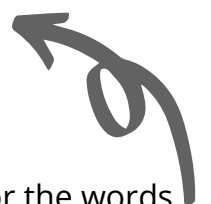
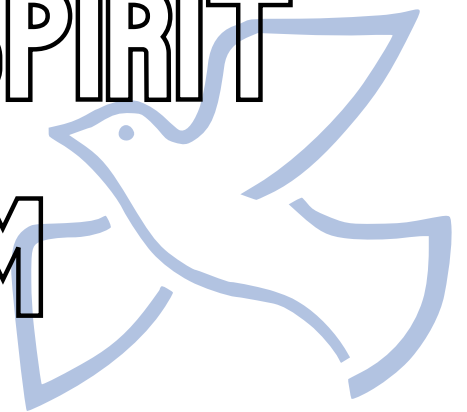
BY THE HOLY SPIRIT

IN BAPTISM

AND MARKED AS

CHRIST'S OWN

FOR EVER.



Color the words  
so you can remember them!



I baptize you in the name  
of the Father and of the Son  
and of the Holy Spirit

# The Eucharist

*Rite II begins on page 355 in the Book of Common Prayer*

Have you ever had a special meal with your family?  
At Thanksgiving? or Christmas? or a Birthday?

Our church family has a special meal we eat together  
called the Eucharist (YOU-ca-wrist).



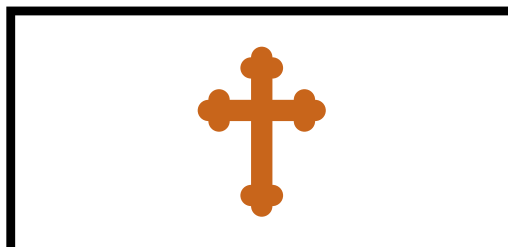
Just like at your meal, we have:

- a special table - the altar
- nice plates - patens
- nice cups - chalices
- table cloths - the fair linen
- candles
- food - bread
- drinks - wine



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**Draw the altar in the church or chapel with candles, a cross, and bread and wine so it is ready for our meal!**



# The Eucharist

The Eucharist is a **sacrament**.

That means we believe God is somehow actually present. These are visible signs of what God is doing inside of us .

When we get ready to eat at church, the priest says words that Jesus said!

Read Luke 22:7-20 for the whole story!

OUR LORD JESUS CHRIST TOOK  
BREAD: AND WHEN HE HAD  
GIVEN THANKS TO YOU, HE  
BROKE IT, AND GAVE IT TO HIS  
DISCIPLES, AND SAID, "TAKE,  
EAT: THIS IS MY BODY, WHICH  
IS GIVEN FOR YOU. DO THIS FOR  
THE REMEMBRANCE OF ME."



Color the words  
so you can remember them!

# The Psalter

*The Psalter begins on page 585 in the Book of Common Prayer*

The Psalter is a book of 150 poems or songs in the Bible.

One of them is called a Psalm (SALM).

We think many of them were written in Hebrew and were written by King David.

Some of them are happy, some are sad.

Some ask questions, some are angry.

There is a psalm for anything you are feeling.

- **Happy? - Psalm 126:2**

- Our mouths were filled with laughter, our tongues with songs of joy.

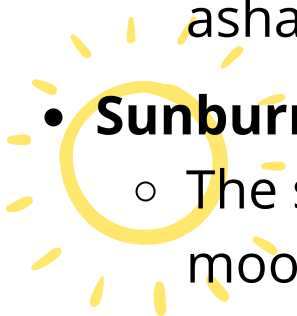


- **Embarrassed? - Psalm 25:20**

- O keep my soul, and deliver me: let me not be ashamed; for I put my trust in thee.

- **Sunburned? - Psalm 121:6**

- The sun shall not smite thee by day, nor the moon by night.



- **Afraid to go to bed at night?- Psalm 4:8**

- I will both lay me down in peace, and sleep: for thou, Lord, only makest me dwell in safety.



# The Psalter

## PSALM 23

THE LORD IS MY SHEPHERD:

I SHALL NOT BE IN WANT.

HE MAKES ME LIE DOWN IN

GREEN PASTURES AND LEADS

ME BESIDE STILL WATERS.

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## PSALM 100

BE JOYFUL IN THE LORD,

ALL YOU LANDS: SERVE THE

LORD WITH GLADNESS AND

COME BEFORE HIS PRESENCE

WITH A SONG.

# The Psalter

Remember, the Psalms were poems or songs  
written to God.

Even poems and songs can be prayers!

**Write or draw your own psalm to God.**

It can ask him a question, tell him about how great he is,  
or even tell him that you are sad.

# The Psalter

Our diocese has a psalm that we like to use a lot.  
Maybe we like this one because we live near the  
mountains!

This psalm reminds us that God is there to help us.

## PSALM 121

I LIFT UP MY EYES TO THE HILLS:

FROM WHERE IS MY HELP TO

COME? MY HELP COMES FROM

THE LORD, THE MAKER OF

HEAVEN AND EARTH.

HE WILL NOT LET YOUR FOOT BE

MOVED AND HE WHO WATCHES

OVER YOU WILL NOT FALL

ASLEEP.



# Prayers and Thanksgivings

*This section begins on page 814 in the Book of Common Prayer*

You can talk to God whenever you want, using words, music, pictures, or even movement.

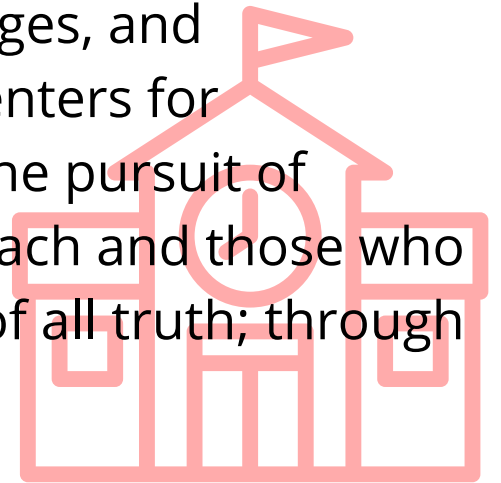
You can tell him in your own words about your day, things you need help with, or other people you want to pray for.

But, sometimes it's hard for us to think of the right words.

Lucky for us, the Book of Common Prayer has many prayers that people have written that we can use to pray when we don't know what to say.

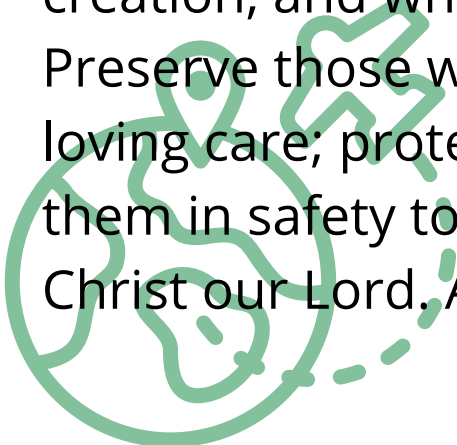
## **For our schools, BCP, pg. 824**

O Eternal God, bless all schools, colleges, and universities that they may be lively centers for sound learning, new discovery, and the pursuit of wisdom; and grant that those who teach and those who learn may find you to be the source of all truth; through Jesus Christ our Lord. Amen.



## **For people who travel, BCP, pg. 831**

O God, our heavenly Father, whose glory fills the whole creation, and whose presence we find wherever we go: Preserve those who travel; surround them with your loving care; protect them from every danger; and bring them in safety to their journey's end; through Jesus Christ our Lord. Amen.



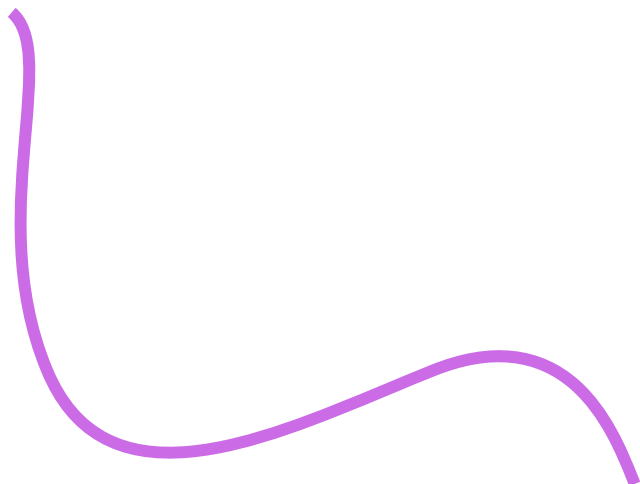
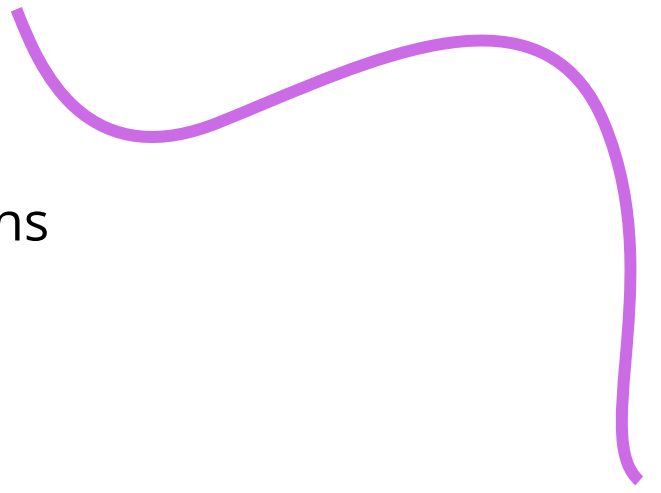
# **Prayers and Thanksgivings**

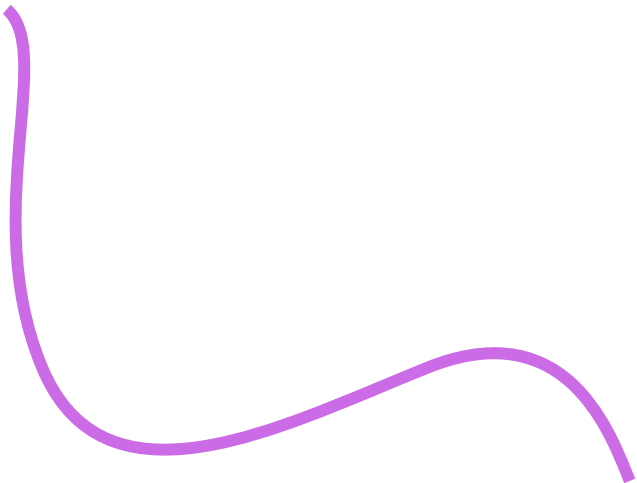
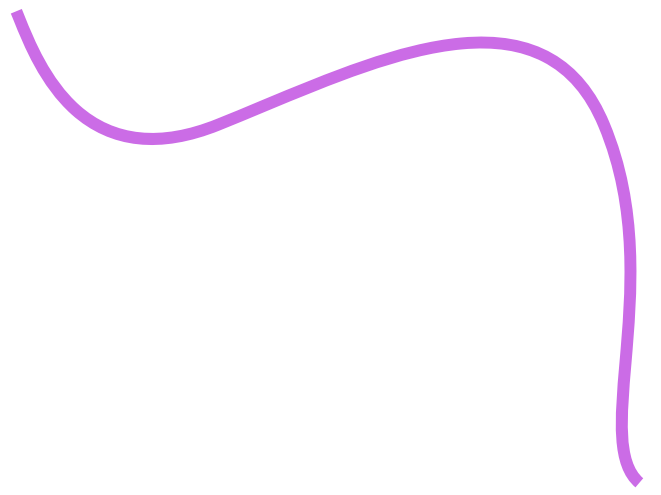
What do you want to pray to God for?

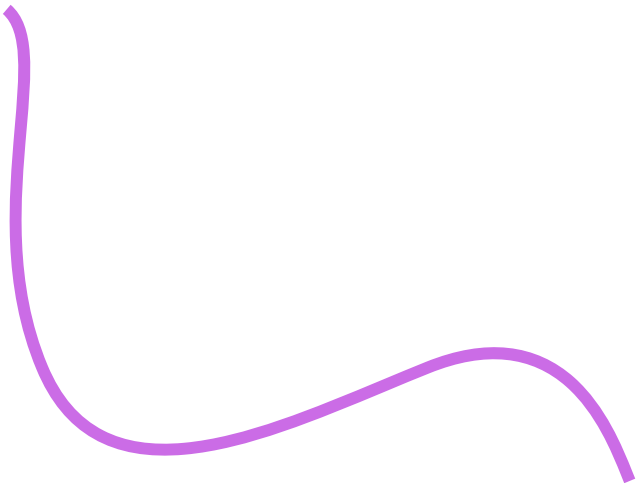
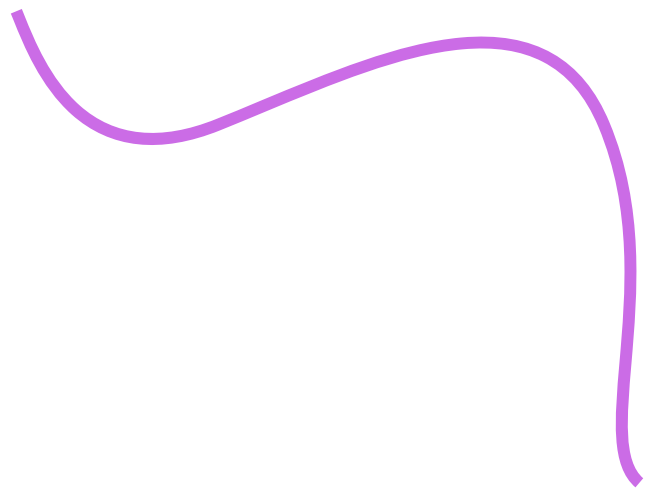
**Write or draw your own prayer to God.**

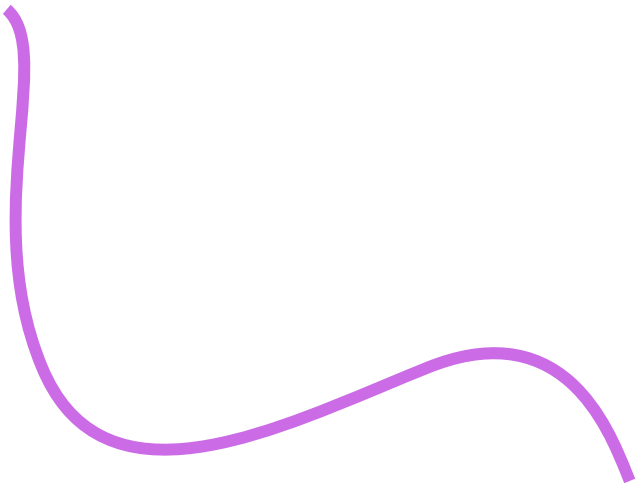
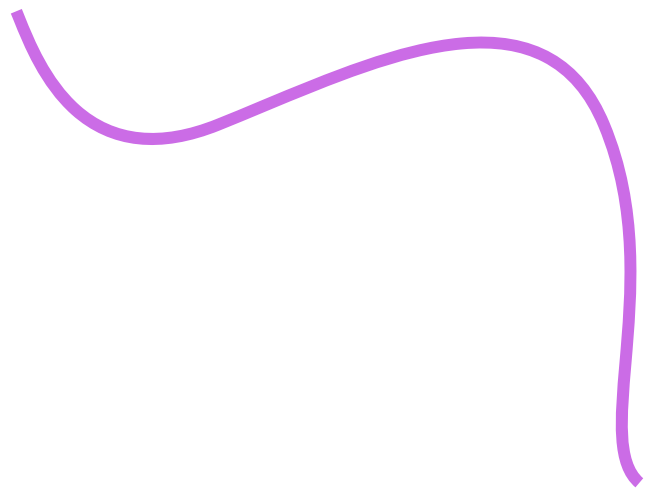
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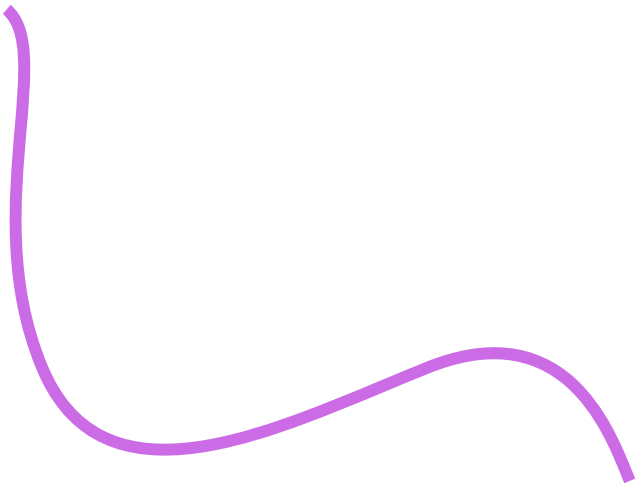
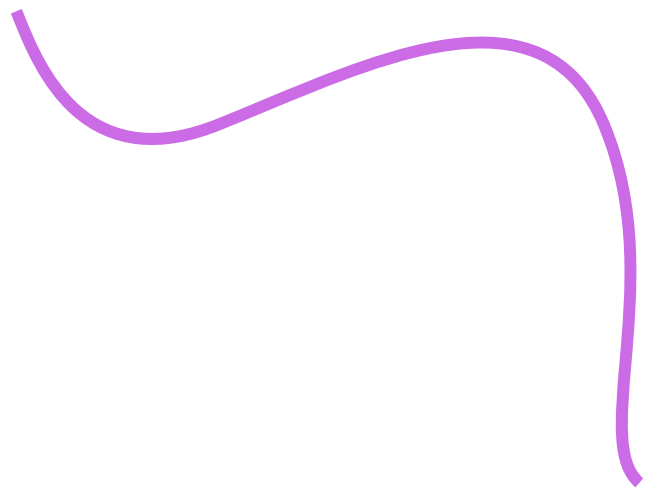
- to take notes
- to write down your questions
- to draw or write prayers
- Anything you want!

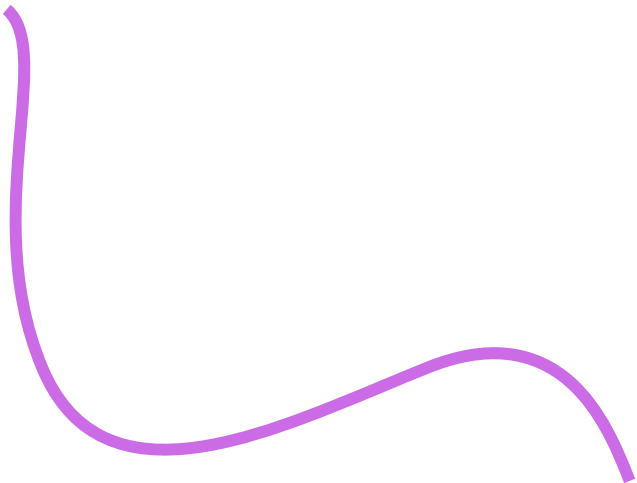
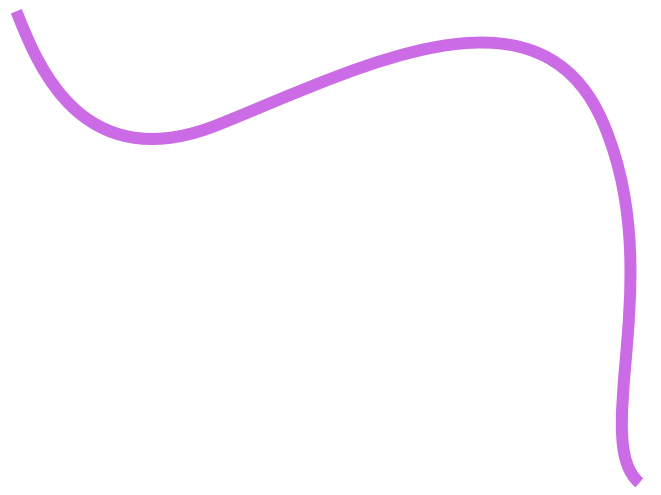


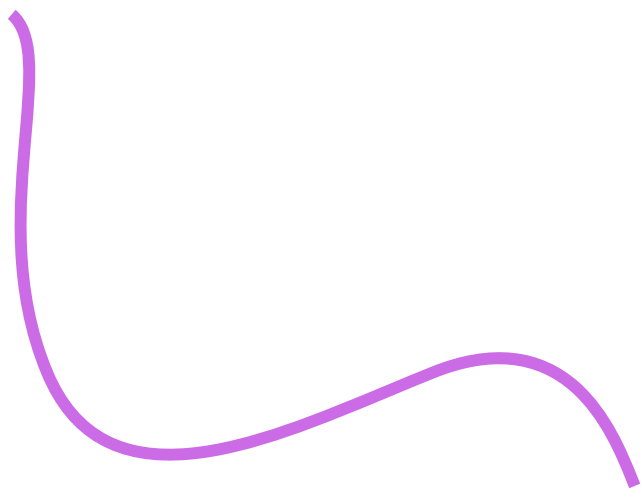
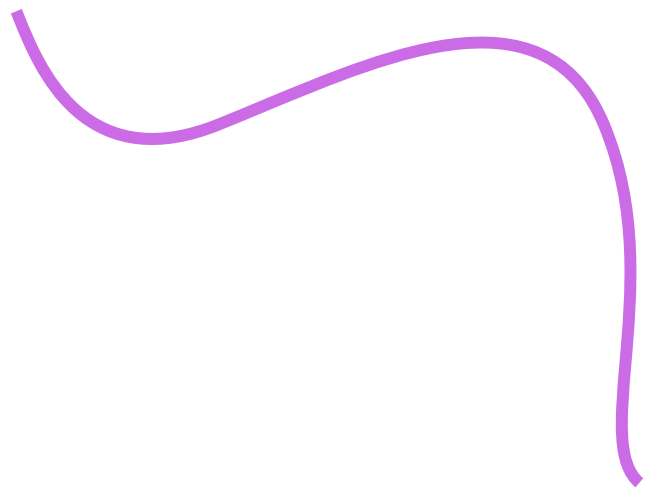


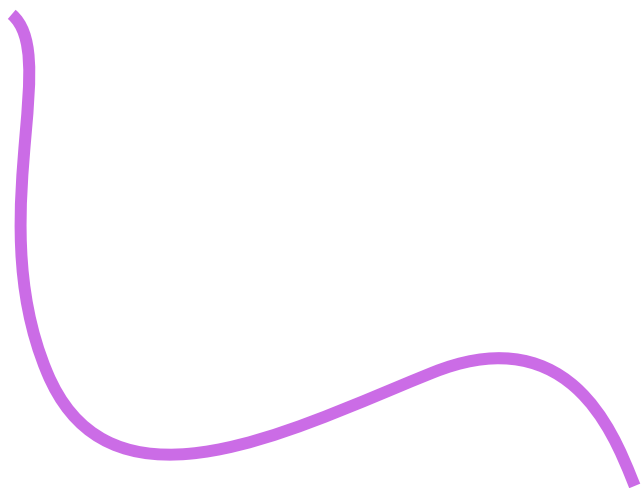
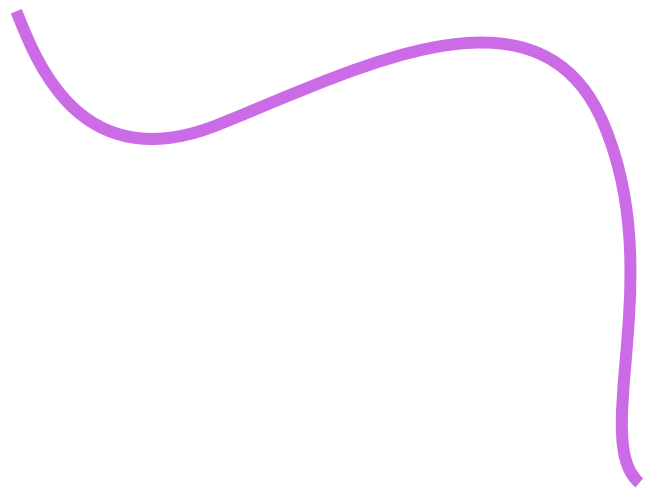














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